

Consult Request

SPECIALTY

Nephrology

CHIEF COMPLAINT

Chronic Kidney Disease

COMMENTS TO SPECIALIST

Please assist with managing this patient: medications on pages 8-9.

A 76-year-old female with CKD and heart failure was seen due to increased weight:

- 10 lbs in 3 months
- 6 lbs in 2 months
- 4 lbs in 1 month
- BLE edema

She denies SOB, CP, and no orthopnea; Torsemide increased to 40mg 5 days a week from 20mg 4 days a week. Her kidney function is Cr_t 2.73, BUn 64, and GFR 16. CL 113. No complaints. Continue to monitor. She remains DNR DNI DNH. The goal is comfort.

MAIN QUESTION

Please assist in the management of this patient.

Specialist Response

SUMMARY

Treatment options are available at the primary care level.

DETAILS

Thank you for the consultation. Please consider the following:

1. Cease amlodipine
2. Administer torsemide 40 mg daily, salt-poor albumin 12.5 grams 25% q12h for 3 days. Alter the diet to renal and 2 gm Na⁺ and restrict the volume to 1.2 daily.

3. Please obtain MCP twice daily and ask a nutritionist to see the patient for hypoalbuminemia

Do we have a recent TTE with LVEF?

Please keep in touch. Happy to assist